

■ MAX SIURALA AWARD ■

13.2.2014

Professor Martti Färkkilä
Helsinki



SHORT CURRICULUM VITAE 27.12.2013

FULL NAME FÄRKKILÄ, Martti Antero
DATE AND PLACE OF BIRTH 19 January 1953, Helsinki

CURRENT POSITION ON THE CLOSING DATE FOR APPLICATION

Professor in Gastroenterology, University of Helsinki	2010-
Chief Physician of Gastroenterology Helsinki University Central Hospital	1995-
Docent in Internal Medicine, Helsinki University	1994-
Supervisor for specialization training programme in gastroenterology	1995-

EDUCATION AND TRAINING

Licentiate of Medicine, University of Helsinki	30 May 1978
Doctor of Medical Sciences, University of Helsinki	1988
Specialist in Internal Medicine	1986
Specialist in Gastroenterology	1990
Docent in Internal Medicine, University of Helsinki, Finland	1994
Clinical teacher, II Department of Medicine, Univ. of Helsinki	1985-1987

PREVIOUS PROFESSIONAL APPOINTMENTS

General practiser, Hamina	1979-1980
Trainee in internal medicine, HUCH	1979-1985
Trainee in gastroenterology, HUCH	1987-1989
Specialist in gastroenterology	1990-1995

EDITORIAL BOARD MEMBERSHIPS

Scandinavian Journal of Gastroenterology (leading journal in gastroenterology in Northern Europe)	2007-
Liver International (Official journal of International association for study of liver disease, IASL)	2008-

MEMBERSHIPS IN SCIENTIFIC SOCIETIES

Finnish Society of Gastroenterology	1988
– Vice president	1999-2000
– President	2001-2002
– Member of Board	1992-1993 1999-2002
The Finnish Medical Society Duodecim	
– Member	1976-
Finnish Foundation for Gastroenterological Research	1994-
- President	2008-

OTHER ACADEMIC AND PROFESSIONAL MERITS AND ACTIVITIES

Examiner for doctoral dissertations

- Aitola P. Primary sclerosing cholangitis. Tampere University 1995
- Silvennoinen J. Bone disorders in inflammatory bowel disease. Oulu University 1996.
- Heikkinen M. Dyspepsia in general practice. Population based study. Kuopio University 1997.
- Pakarinen M. Lipid metabolism during postresectional adaptation of intact and autotransplanted porcine ileum. Helsinki University 1997
- Kokkola A. Helicobacter pylori infection, atrophic gastritis, and cytogenetic abnormalities as risk factors for gastric carcinoma. Helsinki University 1998
- Miettinen TE. Gallstone disease and cholesterol metabolism. Helsinki University 1999.
- Niemi Mari. The role of apolipoprotein E in gallstone disease, colorectal cancer and gastrointestinal cell regulation. Oulu 2000.
- Vento P. Nitric oxide and neuropeptides in the gut. Changes in ulcerative colitis, pouchitis and short bowel syndrome. Helsinki University 2001.
- Laukkarinen J. The effect of thyroxine on biliary motility. Tampere University 2002
- Peräaho M. Dietary aspects in the diagnosis and treatment of coeliac disease. University of Tampere University 2007.
- Åberg Fredrik: Long-term clinical outcome after liver transplantation. Helsinki University 2010.

Supervisor for doctoral dissertation in Helsinki University:

- Voutilainen M. Chronic inflammation and intestinal metaplasia at squamocolumnar junction: their associations with gastro-oesophageal reflux disease. Supervised with prof P.Sipponen)2000.
- Koskenpato J. Helicobacter pylori and functional dyspepsia. 2001
- Kuisma J. Inflammation in ileal pouch: associated factors and long term prognosis. 2002
- Rautiainen H. Epidemiology and treatment options of primary biliary cirrhosis. 2008
- Koivisto T. Helicobacter pylori: resistance and treatment results in Finland. 2008
- Punkkinen J. Gastric motility: Measurements, symptoms and therapy. 2008 (Supervised with Dr J. Koskenpato)
- Sipponen T. Noninvasive monitoring of activity in Crohn's disease. 2009.
- Hillilä M. Irritable bowel syndrome in general population: epidemiology, co morbidity, and societal costs. 2010.
- Haapamäki J. Health related Quality of life, symptoms and co morbidity in Inflammatory bowel disease (Supervised together with doc P.Arkkila). 2011.
- af Björkesten C-G. Monitoring treatmentresponse in Crohn's disease. 2014
- Jussila A. Inflammatory bowel disease in Finland; epidemiology, malignancies and mortality. 2014

Supervisor for ongoing doctoral dissertations:

- Molander P . When to stop biologics in IBD.
- Malmi H. Peptic ulcer disease in Finland
- Barner-Rasmussen N. PSC: epidemiology, prognosis, comorbidities and mortality.
- Boyd Sonja: The value of bile duct brush cytology in progression and dysplasia detection in PSC patients.
- Puustinen Lauri. Autoimmune hepatitis.
- Puolanne Anna-Maija: Monitoring IBD
- Sahlman Perttu. Alcohol liver disease

Official Opponent for doctoral dissertations

- Heikius B. Pancreatic and hepatobiliary disorders in inflammatory bowel disease. Oulu University 2000
- Hannuksela J. Hereditary hemochromatosis. With a special emphasis on HFE genotyping. Oulu University 2004
- Gunnarsdottir A. Cirrhosis. Epidemiological and Clinical Aspects. University of Gothenburg, Sweden 2008
- Jörgensen KK. Inflammatory bowel disease in primary sklerosing cholangitis. University of Oslo 2013.

Examiner for docent application

- Niemelä S. Oulu University 1995
- Verkasalo M. University of Helsinki 2006
- Vauhkonen M. University of Helsinki 2007

Ad hoc reviewer for all major publishing gastroenterological research. In addition several journal publishing general medicine in English, or Finnish (Duodecim, Suomen Lääkäri Lehti)

Adviser board memberships

- The National Authority for Medicolegal Affairs 2000-2012
- Finnish Pharmaceutical Insurance 2000-
- Board for Patient Injuries 1998-
- Finnish representative of ECCO (European Crohn&Colitis Association) 2007-2012
- National representative of UEG 2010-

ICH-GCP-training

2012

Experience in several clinical trials

Current research activity:

- 1) Inflammatory bowel disease. Epidemiology, morbidity and mortality in inflammatory bowel disease. National web-based registry for inflammatory bowel disease
- 2) Dysplasia surveillance in primary sclerosing cholangitis and optimal timing of liver transplantation. PSC is the main indication for liver transplantation in Nordic countries.
- 3) Epidemiology and prognosis of PSC
- 4) Genetics in IBD and PSC. A European and Nordic cooperative study.
- 5) Optimising therapy in viral hepatitis. tailored therapy in HCV.
- 6) Optimizing TNF-alfa antagonists therapy in IBD.
- 7) Faecal microbiota in IBD.
- 8) Risk factors and mortality in peptic ulcer disease
- 9) Autoimmune hepatitis
- 10) Alcohol hepatitis
- 11) Hepatitis C

Publications

Original peer reviewed publications 178

Numerous publications and reviews in Finnish journals

Chief editor of Gastroenterologia ja Hepatologia Duodecim 2013

Helsinki 27.12.2013

Martti Färkkilä